

Now Foods
Organic Coconut Oil

Nutrition Facts

39 servings per container

Serving size 1 Tbsp (15ml)

Amount Per Serving

Calories 120

% Daily Value*

Total Fat 14g 18%

Saturated Fat 12g 60%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 0g 0%

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0mg 0%

Potassium 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.